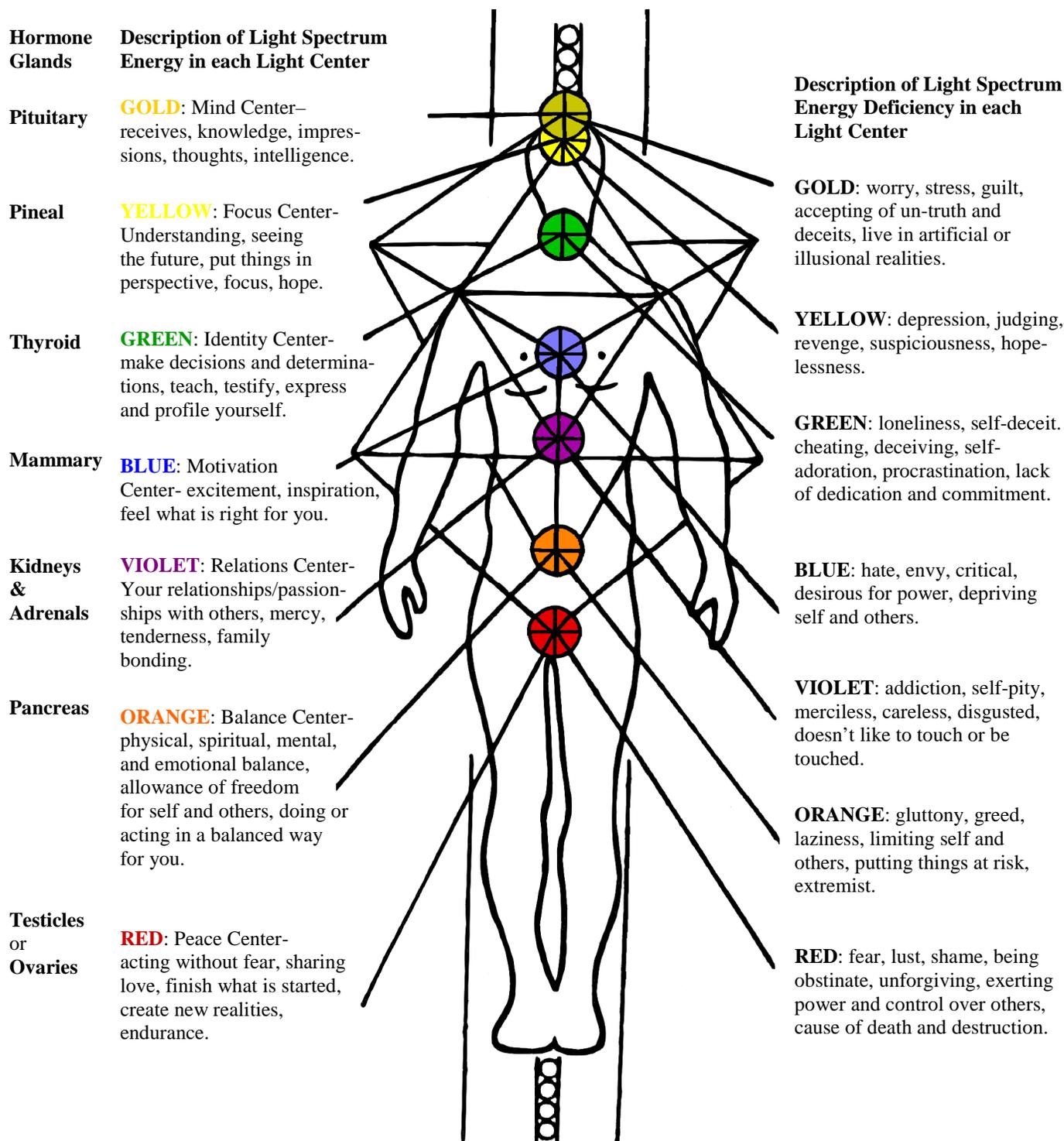


# Peak Frequency™ Light

## Location of Light Centers on the Physical Body

Light from the sun enters the body at the top of the head and ideally flows through the body and out the feet. As our bodies receive light, which is information energy in waves, we process it using all our experiences and abilities, including our genetics. If light does not get stuck or trapped somewhere along its path, its healing energy flows through us into SKA (our earth) and becomes available to every living inhabitant.



As each frequency band of light has a visual color on the spectrum, it possesses other aspects in addition to color such as; tone or sound, shape or symbolic dimension, smell or odor, vibrational wave patterns or texture, emotional feelings, and a host of aspects that cannot be experienced by the senses of the physical body. These realms are experienced in the psyche, super-conscious, spiritual, or metaphysical bodies.